



### Infant Yoga – 6 weeks to walking well

A FREE interactive parent child class that will involve music, movement and yoga. Please bring a yoga mat or blanket. Class is approximately 45 minutes

Call 523-1160 for reservations

Nov 4	5:30 PM	Fieldhouse
Nov 15	10:30 AM	Fieldhouse

### Toddler Yoga – Walking well through 2 years

A FREE interactive parent child class that will involve music, movement and yoga. Please bring a yoga mat or blanket. Class is 45 minutes.

Call 523-1160 for reservations

Nov 1	9:30 AM	Fieldhouse
Nov 1	10:30 AM	Fieldhouse
Nov 4	6:30 PM	Fieldhouse
Nov 15	9:30 AM	Fieldhouse
Nov 20	9:45 AM	Jazzercise

### PreSchool Yoga Ages 3 - 5

A FREE interactive parent child class incorporating yoga poses, calming techniques, music and fun.

Call 523-1160 to reserve your spot.  
Questions? Email Lacey at  
lrhufford@spsmail.org

Nov 1	6:00 PM	Fieldhouse
Nov 4	10:00 AM	Fieldhouse
Nov 15	6:00 PM	Fieldhouse
Nov 18	10:00 AM	Fieldhouse

**All PreK classes held at The Fieldhouse**

**Please enter through the west doors, not the front**

### Ages Birth to Kindergarten

A FREE interactive one hour playgroup for all ages. Open to the public so feel free to invite friends!

No reservation needed

Nov 1	10:15 am & 11:15 pm	Library Station
Nov 8	10:15 am & 11:15 pm	Shining Stars Center
Nov 15	10:15 am & 11:15 pm	Library Center
Nov 20	5:30 PM	Campbell ECC

Library Center	4653 S Campbell (auditorium)
Shining Stars	2525 W College
Campbell ECC	506 S Grant Ave
Library Station	2535 N Kansas Expy (Santa Fe Room)

**Fieldhouse:** 2235 West Kingsley (In Meeting Room. Entrance on far west side of the building)

**East Side Jazzercise:** 2732 E Chesnut Expwy